### Mt. Madonna Center Schedule for Tamalpa Experience Workshop June 4 - 8, 2023

### Sunday, June 4

4pm: Arrival

5:15-6:15pm: Dinner

7-9pm: Welcome & Introductory Session with Daria

### Monday, June 5

8:30-9:30: Breakfast

10am-12pm: MR session with Natan

12:30-1:30pm: Lunch 2-5pm: Class with Daria 5:15-6:15pm: Dinner

7-8:30pm: Evening outdoor walking ritual; TBA energy depending.

### Tuesday, June 6

8:30-9:30: Breakfast

10am-12pm: MR session with Natan

12:30-1:30pm: Lunch 2-5pm: Class with Daria 5:15-6:15pm: Dinner 7-9pm: Class with Daria

# Wednesday, June 7

8:30-9:30: Breakfast

10am-12pm: Class with Natan and Dohee

12:30-1:30pm: Lunch 2-5pm: Class with Dohee 5:15-6:15pm: Dinner 7-9pm: Class with Dohee

## Thursday, June 8

8:30-9:30: Breakfast

9:30-10am: Pack up & vacate rooms (rooms must be vacated by 12 noon) 10am-12pm: Planetary Dance & Closing session with Daria, Dohee & Natan

12:30-1:30pm: Lunch