

TAMALPA INSTITUTE
Movement-based Expressive Arts

TAMALPA PRACTITIONER REQUIREMENTS

Requirements for becoming a Certified Tamalpa Practitioner in the Halprin Life/ Art Process:

- Successful completion of Level 1, Level 2 & Level 3
- 40 hours of therapy
- 25 fieldwork hours

It is Tamalpa Institute protocol that a certified practitioner may call themselves a *Tamalpa Practitioner*, *Halprin Practitioner* and/or a *Tamalpa Associate Teacher*. A graduate of Level 2 or 3 who is not yet completed all practitioner requirements may call themselves a *Tamalpa Teacher Training Graduate*.

Therapy Hours

A total of 40 hours of therapy is required for certification. This may include up to 20 hours of group therapy. Therapy hours can take place any time before, during or after the completion of Level 2. **The cost of therapy sessions is not included in tuition.**

Therapy needs to be with a professional certified therapist, coach, or counselor in any of the following areas: Certified Tamalpa Practitioner in the Halprin Life/ Art Process, expressive arts therapy, psychotherapy (Jungian, Gestalt, Transpersonal, Psychosynthesis etc.), or movement/ dance/ somatic-based therapy.

When applying for Practitioner Certification, students are required to submit written documentation from their therapist(s) of their therapy hours.

Fieldwork Hours

A total of 25 hours of fieldwork are required for Practitioner Certification. Twenty (20) of these hours are completed during Level 3. The remaining 5 hours can be completed anytime after successful completion of your Level 2 coursework. You can download a template to record your fieldwork hours here: <https://www.tamalpa.org/wp-content/uploads/Prac-Cert-Fieldwork-Hours-Template.xlsx>. Fieldwork hours must be documented and emailed to office@tamalpa.org.

Timeline:

After graduation from Level 3, a student has 6 months to complete their Tamalpa Practitioner Certification requirements. An extension can be requested by emailing office@tamalpa.org.

Professional Registration with ISMETA

Level 3 graduates are guaranteed fast-track professional registration as Somatic Movement Therapists and/or Educators through the International Somatic Movement Education & Therapy Association (ISMETA). You can request information about fast-track registration with ISMETA by emailing office@tamalpa.org. For more information about ISMETA, visit ISMETA.org.