

## ***The Expressive Body in a Life/Art Process***

Schedule for Tamalpa Retreat at Mt. Madonna: June 23-27, 2024

Sunday, June 23

4pm: Arrival

5:15-6:15pm: Dinner

7-9pm: Welcome & Introductory Session with Daria

Monday, June 24

8:30-9:30: Breakfast

10am-12pm: MR session with Natan

12:30-1:30pm: Lunch

2-5pm: Class with Daria

5:15-6:15pm: Dinner

7-8:30pm: Class with Daria

Tuesday, June 25

8:30-9:30: Breakfast

10am-12pm: MR session with Natan

12:30-1:30pm: Lunch

2-5pm: Class with Daria

5:15-6:15pm: Dinner

7-9pm: Class with Daria

Wednesday, June 26

8:30-9:30: Breakfast

10am-12pm: Class with Natan and Dohee

12:30-1:30pm: Lunch

2-5pm: Class with Dohee

5:15-6:15pm: Dinner

7-9pm: Class with Dohee

Thursday, June 27

8:30-9:30: Breakfast

9:30-10am: Pack up & vacate rooms (rooms must be vacated by 12 noon)

10am-12pm: Planetary Dance & Closing session with Daria, Dohee & Natan

12:30-1:30pm: Lunch



**Tamalpa Institute**

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