TAMALPA INSTITUTE  
Movement-based Expressive Arts  

REQUIREMENTS FOR TAMALPA PRACTITIONER  
CERTIFICATION

<table>
<thead>
<tr>
<th>REQUIREMENTS</th>
<th>Number of hours</th>
<th>Time-line</th>
</tr>
</thead>
<tbody>
<tr>
<td>Completion of Level 1</td>
<td>300</td>
<td>---</td>
</tr>
<tr>
<td>Completion of Level 2</td>
<td>300</td>
<td>---</td>
</tr>
<tr>
<td>Completion of Level 3</td>
<td>200</td>
<td>---</td>
</tr>
</tbody>
</table>

**OTHER REQUIREMENTS**

<table>
<thead>
<tr>
<th>REQUIREMENTS</th>
<th>Number of hours</th>
<th>Time-line</th>
</tr>
</thead>
<tbody>
<tr>
<td>Fieldwork Project Proposal</td>
<td>---</td>
<td>With Level 3 Application</td>
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</tbody>
</table>

**PERSONAL THERAPY**

<table>
<thead>
<tr>
<th>REQUIREMENTS</th>
<th>Number of hours</th>
<th>Time-line</th>
</tr>
</thead>
<tbody>
<tr>
<td>Level 3 Fieldwork Project Practicum Hours</td>
<td>72</td>
<td>(Read below)</td>
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</tbody>
</table>

- During Level 3: 20hrs of Fieldwork in the community are required.
- Students have 1 year after finishing Level 3 to complete the remaining Fieldwork hours (52 hrs)
- * You may begin collecting hours after completion of Level 2

**IMPORTANT INFORMATION:**

It is Tamalpa Institute protocol that a certified Tamalpa Practitioner may call her/himself a Tamalpa Practitioner and/or a Tamalpa Associate Teacher. A graduate of Level 2 or 3 who is not yet completed all requirements to be a certified Tamalpa Practitioner may call her/himself Tamalpa Teacher Training Graduate.

**Personal therapy**

- A total of 40 hours of personal therapy is required for certification, which may include previous work in the last 5 years.
- Personal therapy hours may be done concurrently or after Level 2 training; and students have 1 year upon completion of Level 3 to fulfill this requirement.
- This therapeutic work needs to be with a professional and certified therapist, coach, or counselor in any of the following areas: expressive arts therapy, psychotherapy (Jungian, Gestalt, Transpersonal, Psychosynthesis etc.), or movement/dance/somatic-based therapy. Upon completion of the program, students are required to submit written documentation of these hours provided by the therapists.

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1 After graduation from Level 2, a graduate has two years to enter Level 3. The student may request an extension to this deadline.
Main intentions for required therapy sessions are:
- To clarify and deepen personal mythology and receive individualized guidance on challenges.
- To explore the possibilities available in one-on-one work.

**Please note: the costs of these sessions are not included in the Level 2 tuition.**

**Practicum Hours Required: 72**

- Level 3 Fieldwork Project: students must complete 20 hours of teaching and facilitating the Fieldwork Project.
- The remaining 52 hours include and can be distributed in any way (starting after completion of Level 2 Program) among the following:
  - Continuing with the L3 Fieldwork Project.
  - Internship in a community or organization.
  - Client work in a community or organization.
  - Public Presentation: public workshops, performances, presentations in conferences, etc.

**Note:** students have 1 year after completing Level 3 to fulfill the rest of the practicum hours.

After graduation from Level 2, a graduate has two years to complete these requirements. A Bachelor’s Degree from an accredited institution is strongly encouraged to apply for Tamalpa Practitioner Certification.

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Tamalpa Practitioners are eligible to register as Somatic Movement therapist/Educators via ISMETA and exa through IEATA.